

## MMS information Summary

### HOW DOES IT WORK?

MMS destroys anaerobic (living or occurring in the absence of free oxygen) and aerobic (living or occurring in the presence of free oxygen) micro-organisms, including bacteria, fungus, moulds, yeast, and parasites, that are disease-causing acidic organisms.

Only the disease-causing organisms are killed by the very alkaline MMS, because such organisms have acidic PH values. With these acidic PH values, they are very attractive to the extremely alkaline MMS molecules and when these acidic and alkaline molecules meet, MMS oxidises and destroys the acidic molecules it gets into contact with by robbing it of its electrical load, an action which kills the acidic molecules. It boils down to a destructive explosion caused by the MMS and destroying the pathogen. The beneficial micro-organisms in the body are not affected because they have alkaline or neutral and near neutral PH values.

This means that MMS (an alkaline oxidiser) reacts to the acidic pathogens and in the process of reacting with them, totally destroys them and itself, with the only by-products being salt and oxygen molecules and the dead pathogen wastes that the body's elimination organs excrete via the normal elimination channels. These "explosions" between MMS and pathogens have no side effects, but become part of the fluids of the body without detrimental influence. Even poisons from snakes and spiders will be oxidised in this way by MMS.

Viruses are killed by a different mechanism: MMS prevents the formation of the special proteins of viruses, thus causing their destruction (in other words they are prevented from growing). The killing of disease-causing organisms generally happens between 4 hours and 4 weeks, but often in less than 1 week and has happened in as little as 3 hours.

The healing power of MMS applies for all forms of infection and other micro-organisms, as well as blood diseases such as leukaemia.

MMS is carried throughout the body, where it will be attracted to acidic pathogens, react with them and then be spent within an hour, having depleted itself in this process of creating “explosions”. The size of the dose does not seem to make a great deal of difference to the amount of time that MMS remains active in the body. This is because it doesn't matter whether it is a large amount or small amount; it still deteriorates into little more than table salt and oxygen in about a little over an hour.

It has been demonstrated more than 1,000 times that small doses administered at frequent intervals, up to once an hour, are more effective than large doses administered once or twice a day, so always remember that it is much more effective if you take it each hour.

The body knows what is required from it when MMS is added to its immune system. As the immune system becomes more empowered by it, more healing begins to take place in the body. If there are things that your body does not want your digestive system to process through the entire gut, (e.g. parasites in the stomach) it might cause vomiting.

When diarrhoea develops or vomiting takes place, you can safely assume that it is needed and that it is a good indication that healing is taking place. In rare cases, the body's bowel system is not working well and fast enough. When this is a problem, the body also may induce vomiting to eliminate poisons and waste from the system, or even develop skin rash, as the body's largest elimination organ is the skin. In this way, it will employ all options to get rid of toxins, even via the skin.

## HOW TO USE MMS

Always start out with just a one-drop dose. That means that you activate one drop of MMS with one drop of the 4% activator, wait 30 seconds, then add some water and drink.

MMS is best used in a gentle and tolerable dose that does not cause so much detoxing that you feel nauseous or develop diarrhoea due to a detoxing reaction. When used this way, you gently ease into the healing journey and it is an enjoyable process with fantastic outcomes.

If the first dose of one drop does not make you feel queasy, you can increase to two drops one hour after taking the first dose. Keep increasing the dosage every one to three hours until you feel that you have reached the maximum you can take without feeling nauseas. Decrease the number of drops as needed to prevent nausea or diarrhoea, but whatever you do, do not stop taking MMS.

When illness is caused by a virus, one must keep MMS present in the body for an extended period, as opposed to a fast kill used for bacteria or parasites. It is OK to sleep without taking MMS, but resume usage again the next day until you have completely recovered from whatever illness you had.

Note that overweight people may have more trouble overcoming diseases, as the pathogens hide in their fat tissues, a genius way for the body to keep harmful toxins away from vital organs.

You can fumigate a room by activating 6 - 12 drops according to the size of the room in a dry glass, without adding water. Close the doors and windows and let the activated MMS evaporate over 10-30 hours. The hotter the room is, the faster evaporation occurs. If you want to slow down the evaporation process, you can add a tablespoon of water to the mixture.

### **THE BEST TIME OF THE DAY TO TAKE MMS**

MMS works very fast, and the body starts healing very fast with it. People often become sleepy after taking a dose of MMS. This simply means that the body is beginning to heal. It is well known that most healing is done during sleep, so why not time the taking of your MMS doses so that the last dose for the day is due at bed time? This is just a recommendation, but not a requirement.

If you get sleepy after a dose of MMS it is a very good sign! If you can, take a nap, or as mentioned, plan to finish your hourly MMS protocol just before you go to bed at night. You will feel so much better when you wake up the next day.

If you feel a cold coming on in the morning or in the afternoon, do not wait until bedtime to take a dose. Take a dose at any time you feel like you might be coming down with something. Never, never, never start off with 25 drops. In fact, you

should only go beyond 15-drop doses in a case of extreme illness or in the case of an emergency.

It cannot be stressed enough that you will always get the best results from many small doses, rather than a single large dose.

There have been exceptions in cases where people battled cancer with 60 drops per day or even one case who took 200 drops per day. Being tolerant of such high doses is highly irregular and should not be attempted without ramping up safely to that dosage.

### **DEALING WITH EMERGENCIES**

Situations that qualify as emergencies are parasites, poisoning, food poisoning, snake and spider bites, malaria or other illnesses caused by parasites. Some diseases (tropical diseases for example) caused by parasites have the ability to dig deeply into the tissues of the body, and it may take weeks or even months of taking MMS for the immune system to completely destroy them. In cases where extreme detoxing is required, feel free to add the use of a laxative to your protocol.

The herb Senna is freely available without prescription, natural and helpful in this regard. Sennosides are extracted from the senna herb, is thus completely natural and it exercises the bowel muscles. Senna as a laxative, expels more waste than any other method.

### **MMS AS A MAINTENANCE DOSE FOR PERSONAL HEALTH**

MMS can change the health of your mouth in 1 week. It is important to address the health of your mouth first, because the health of your mouth affects the health of your entire body. So when you begin taking MMS, make sure you treat your mouth by activating 6 drops of MMS, adding 50ml to 100ml of water and swilling it in your mouth for 5 — 10 minutes, before spitting it out. Do not swallow!

You can use the same solution to brush your teeth and gums two or three times a day by pouring the liquid on your toothbrush repeatedly during brushing, rather than dipping your toothbrush in the solution. Be sure to brush your gums. Use a fresh

solution every morning.

MMS will brighten and strengthen the enamel on your teeth by killing the viruses on the enamel that ordinarily do the damage. Your body takes care of getting rid of the dead pathogen matter through the bloodstream and the rest will be spat out as you get rid of the contents of your brushed mouth.

MMS can resolve the pain of an abscessed tooth in as little as 4 hours. Expect all infection and all pyorrhoea (discharge of pus) to be gone in 1 week. Expect all loose teeth to be rock solid in 2 weeks. Expect a completely healthy mouth in less than 3 weeks. Keep in mind that the MMS solution is the most powerful killer of pathogens known. Once the pyorrhoea and infections have been killed, the mouth will heal very quickly and you will only need to use MMS two or three times a week for maintenance.

Remember, by giving MMS to your body, you are providing the body with potent ammunition to be employed against illnesses by the immune system.

Although many writers on the Internet and in other publications, say MMS is common bleach, this is an outright lie being spread by Big Pharma (those who make money from the misery of others) in order to scare people away from a wonderful and natural remedy that heal a plethora of conditions by something as natural as oxidation.

Don't be fooled by these lies and miss out on helping yourself and your loved ones to heal without side effects.

### **MMS FOR ANIMALS**

Dogs and cats (cats a little less) have 7 times more hydrochloric acid in their stomachs than humans, consequently, DO NOT use citric acid or any activating acid with your pets. Cats are very sensitive for example, and they can feel very nauseated by MMS&HCl activated. It is best if the giving of MMS is combined with raw food and not processed commercial food that contain toxic substances that will have to be destroyed by the MMS.

## WARNINGS

1. Do not allow children to use MMS unsupervised.
2. Do not allow MMS to sit in direct sunlight, even if it is in a coloured bottle, as the heat could create pressure in the container which could cause the bottle to rupture and cause alkaline burns.
3. Never allow full strength MMS to remain on your skin for more than 20 seconds, as it can cause mild chemical burns (that will disappear in a few hours).
4. In the case of having taken too much MMS, just dilute it in the body, by drinking a glass or more of cold water. If this does not work, add 1,000 to 5,000 mg of vitamin C to the glass of water you take. Vit C cancels out MMS. Sodium bicarbonate also acts as an antidote. Use either one, but not both.
5. Based on the above, it is clear that one should not combine MMS with Vit C or other acids, as they cancel to actions of MMS out and if used together, neither of the two will benefit your body.