

## MMS information Summary

### HOW DOES IT WORK?

MMS destroys anaerobic (living or occurring in the absence of free oxygen) and aerobic (living or occurring in the presence of free oxygen) micro-organisms, including bacteria, fungus, moulds, yeast, and parasites, that are disease-causing acidic organisms and it destroys the most acidic by size selective preference for the smallest most acidic ones first.

Only the disease-causing organisms are killed by the very alkaline MMS, because such organisms have acidic PH values. With these acidic PH values, they are very attractive to MMS molecules and when these acidic molecules come into contact with MMS, they are oxidised and destroyed because MMS robs it of its electrical load, an action which kills the acidic molecules. It boils down to a destructive explosion caused by the MMS and destroying the pathogen. The beneficial micro-organisms in the body are mostly not affected because they usually have alkaline or neutral and near-neutral PH values. Harmful pathogens as a rule are more acidic than healthy gut bacteria and therefore MMS will respond to the pathogens first and eliminate them before having an effect on slightly acidic gut bacteria.

This means that MMS (an oxidiser) reacts to the acidic pathogens and in the process of reacting with them, totally destroys them and itself, with the only by-products being salt and nascent oxygen molecules and the dead pathogen wastes that the body's elimination organs excrete via the normal elimination channels. These "explosions" between MMS and pathogens have no harmful side effects, but become part of the fluids of the body without detrimental influence. Even poisons from snakes and spiders will be oxidised in this way by MMS.

MMS's pathogen imploding action is very powerful and so in order to prevent discomfort resulting from too much pathogen die-off, **DO NOT** exceed prescribed dosages.

Viruses are killed by a different mechanism: MMS prevents the formation of the special proteins of viruses, thus causing their destruction (in other words they are prevented from growing). The killing of disease-causing organisms generally

happens between 4 hours and 4 weeks, but often in less than 1 week and has happened in as little as 3 hours.

The healing power of MMS applies for all forms of infection and other micro-organisms, as well as blood diseases such as leukaemia.

MMS is carried throughout the body, where it will be attracted to acidic pathogens, react with them and then be spent within an hour, having depleted itself in this process of collapsing and imploding pathogens. The size of the dose does not seem to make a great deal of difference to the amount of time that MMS remains active in the body. This is because it doesn't matter whether it is a large amount or small amount; it still deteriorates into little more than table salt and oxygen in about a little over an hour.

It has been demonstrated more than 1,000 times that small doses administered at frequent intervals, up to once an hour, are more effective than large doses administered once or twice a day, so always remember that it is much more effective if you take it each hour.

The body knows what is required from it when MMS is added to its immune system. As the immune system becomes more empowered by the use of MMS, more healing begin to take place in the body. If there are things that your body does not want your digestive system to process through the entire gut, (e.g. parasites in the stomach) it might induce vomiting.

### **DETOXING DURING MMS TREATMENT**

When diarrhoea develops, you can safely assume that it is a result of the body speeding up the elimination of toxins from the system. It is then needed and that it is a good indication that healing is taking place. In rare cases, the body's bowel system is not working well and fast enough. When this is a problem, you might develop skin rash, as the body's largest elimination organ is the skin. In this way, it will employ all options to get rid of toxins, even via the skin.

You can support the body to eliminate toxins by doing black Coffee Enemas. A coffee enema is a type of colon cleanse used in alternative medicine. During the

procedure, a mixture of brewed, caffeinated coffee and water is inserted into the colon through the rectum. Enema kits and suitable coffee for these enemas are available from our online store at <https://holistictherapies.co.za/product/enema-kit/> Coffee enemas take about 20minutes and stimulate bile flow and the emptying of the gallbladder into the colon. This means that the Liver, can eliminate much more toxins during the coffee enema. Doing coffee enemas could stimulate your natural production of Glutathione, a detoxifying antioxidant known as the director of detoxing in the body. This effect is also very helpful in the elimination of the dead pathogens from the body.

## **HOW TO USE MMS**

Always start out with just a one-drop dose. That means that you activate one drop of MMS with one drop of the 4% activator, wait 30 seconds, then add some water and drink.

MMS is best used in a gentle and tolerable dose that does not cause so much detoxing that you feel nauseous or develop diarrhoea due to a detoxing reaction. When used this way, you gently ease into the healing journey and it is an enjoyable process with fantastic outcomes.

If the first dose of one drop does not make you feel queasy, you can increase to two drops one hour after taking the first dose. Keep increasing the dosage every one to three hours until you feel that you have reached the maximum you can take without feeling nauseous. Decrease the number of drops as needed to prevent nausea or diarrhoea, but whatever you do, do not stop taking MMS.

When illness is caused by a virus, one must keep MMS present in the body for an extended period, as opposed to a fast kill used for bacteria or parasites. It is OK to sleep without taking MMS, but resume usage again the next day until you have completely recovered from whatever illness you had.

Note that overweight people may have more trouble overcoming diseases, as the pathogens are hidden in the adipose tissue (a genius way for the body to keep

harmful toxins away from vital organs).

### **THE BEST TIME OF THE DAY TO TAKE MMS**

MMS works very fast, and the body starts healing very fast with it. People often become sleepy after taking a dose of MMS. This simply means that the body is beginning to heal and wants to focus on related action during sleep, rather than give energy to whatever other activities you would prefer. It is well known that most healing is done during sleep, so why not time the taking of your MMS doses so that the last dose for the day is due at bed time? This is just a recommendation, but not a requirement.

If you get sleepy after a dose of MMS it is a very good sign! If you can, take a nap, or as mentioned, plan to finish your hourly MMS protocol just before you go to bed at night. You will feel so much better when you wake up the next day.

If you feel a cold coming on in the morning or in the afternoon, do not wait until bedtime to take a dose. Take a dose at any time you feel like you might be coming down with something. Never, never, never start off with a daily dose of 24 drops right off the bat. Therapeutic doses of MMS is 3 drops every hour for 8 consecutive hours.

It cannot be stressed enough that you will always get the best results from many small doses, rather than a single large dose.

There have been exceptions in cases where people battled cancer with 60 drops per day or even one case who took 200 drops per day. Being tolerant of such high doses is highly irregular and should not be attempted without ramping up safely to that dosage.

### **DEALING WITH EMERGENCIES**

Situations that qualify as emergencies are parasites, poisoning, food poisoning, snake and spider bites, malaria or other illnesses caused by parasites. Some diseases (tropical diseases for example) caused by parasites have the ability to dig deeply into the tissues of the body, and it may take weeks or even months of taking MMS

for the immune system to completely destroy them. In cases where extreme detoxing is required, feel free to add the use of a laxative to your protocol.

The herb Senna is freely available without prescription, natural and helpful in this regard. Sennosides are extracted from the senna herb, is thus completely natural and it exercises the bowel muscles. Senna as a laxative, expels more waste than any other method.

### **MMS DURING PREGNANCY**

Thousands of pregnant women have used MMS to restore their health when needed. Dosing for a pregnant woman is exactly the same as when not pregnant. Follow the protocols and determine what dosage is best for you. MMS when taken according to the correct protocols does not harm the body and can therefore be considered safe for all people, including pregnant women, children, and babies.

### **MMS FOR CHILDREN & BABIES**

MMS is safe to use for children and babies. Administer the MMS with good quality water added to it, in the dosage per weight ratio as shown in this table:

| <b>Drops Per Hour</b>                  | <b>Day 1</b>    | <b>Day 2</b>    | <b>Day 3</b>    | <b>Day 4</b>    |
|----------------------------------------|-----------------|-----------------|-----------------|-----------------|
| <b>Babies less than 7 lbs (3.2 kg)</b> | <b>1/8 drop</b> | <b>1/8 drop</b> | <b>1/4 drop</b> | <b>1/2 drop</b> |
| <b>Children 7-24 lbs (3.2-11 kg)</b>   | <b>1/8 drop</b> | <b>1/4 drop</b> | <b>1/4 drop</b> | <b>1/2 drop</b> |
| <b>Children 25-49 lbs (11-23 kg)</b>   | <b>1/4 drop</b> | <b>1/4 drop</b> | <b>1/2 drop</b> | <b>3/4 drop</b> |
| <b>Children 50-74 lbs (23-34 kg)</b>   | <b>1/4 drop</b> | <b>1/2 drop</b> | <b>1/2 drop</b> | <b>3/4 drop</b> |
| <b>Children 75-100 lbs (34-45 kg)</b>  | <b>1/4 drop</b> | <b>1/2 drop</b> | <b>1/2 drop</b> | <b>3/4 drop</b> |

### **MMS AS A MAINTENANCE DOSE FOR PERSONAL HEALTH**

MMS can change the health of your mouth in 1 week. It is important to address the health of your mouth first, because the health of your mouth affects the health of your entire body. So when you begin taking MMS, make sure you treat your mouth by activating 3 - 6 drops of MMS, adding 50ml - 100ml of water and swilling it in your mouth for under a minute, before spitting it out. Do not swallow!

You can use the same solution to brush your teeth and gums two or three times a day by pouring the liquid on your toothbrush repeatedly during brushing, rather than

dipping your toothbrush in the solution. Be sure to brush your gums. Use a fresh solution every morning.

MMS will brighten and strengthen the enamel on your teeth by killing the viruses on the enamel that ordinarily do the damage. Your body takes care of getting rid of the dead pathogen matter through the bloodstream and the rest will be spat out as you get rid of the contents of your brushed mouth.

MMS can resolve the pain of an abscessed tooth in as little as 4 hours. Expect all infection and all pyorrhoea (discharge of pus) to be gone in 1 week. Expect all loose teeth to be rock solid in 2 weeks. Expect a completely healthy mouth in less than 3 weeks. Keep in mind that the MMS solution is the most powerful killer of pathogens known. Once the pyorrhoea and infections have been killed, the mouth will heal very quickly and you will only need to use MMS two or three times a week for maintenance.

Remember, by giving MMS to your body, you are providing the body with potent ammunition to be employed against illnesses by the immune system.

Although many writers on the Internet and in other publications, say MMS is common bleach, this is an outright lie being spread by Big Pharma (who make money from the misery of others) in order to scare people away from a wonderful and natural remedy that heal a plethora of conditions by the natural of oxidation.

Don't be fooled by these lies and miss out on helping yourself and your loved ones to heal. Visit this link to see thousands of testimonies: [https:// mmstestimonials.co/](https://mmstestimonials.co/)

## **WARNINGS**

1. Do not allow children to use MMS unsupervised.
2. Do not allow undiluted MMS to sit in direct sunlight, even if it is in a coloured bottle.
3. Never allow full strength MMS to remain on your skin for more than 20 seconds, as it can cause mild chemical burns (that will disappear in a few hours).
4. In the case of having taken too much MMS, just dilute it in the body, by drinking as much water as you can. If this does not work, add 1,000 to 5,000 mg

of vitamin C to the glass of water you take. Vit C cancels out MMS. Sodium bicarbonate / baking soda also cancels the action of MMS. Use either one of these, but not both.

5. Based on the above, it is clear that one should not combine MMS with Vit C or other acids, as they cancel to actions of MMS out and if used together, neither of the two will benefit your body.

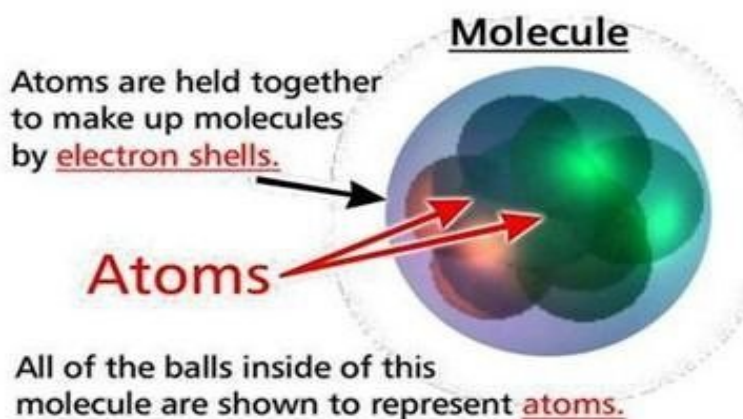
## A TECHNICAL EXPLANATION OF THE PATHOGEN DESTROYING ACTION OF MMS

### **MMS KILLS BY OXIDATION**

Oxidation is a process by which substances are destroyed. The electrons that hold a substance together are pulled off by the oxidizing chemical, the substance flies apart and basically is destroyed.

### **UNDERSTANDING OXIDATION**

All matter is constructed of atoms. Atoms are combined in various ways to create molecules. Everything you see is constructed of molecules, including various diseases causing pathogens. To destroy a pathogen, we must destroy some of its molecules.



We can destroy the molecules by removing the electron shell. This is accomplished in nature or chemistry by drawing the electron shell off the molecule. This is done with one of a series of chemicals known as oxidizers. Oxidizers destroy other compounds and in the process are themselves changed. The electrical charge of attraction of the oxidizer molecule is what draws the electron shells away.

